

Smoothie Bowl 8.95 (V)

Mixed berries, almond milk, granola, fresh fruits, mixed nuts & seeds.

French Toast 13.50 (V)

Thick sliced brioche loaf, cinnamon sugar, berries & Canadian maple syrup.

Lotus French Toast 15.50 (V)

Thick sliced brioche loaf, vanilla ice cream, strawberries, blueberries, raspberries with Biscoff sauce.

Peaches & Cream French Toast 15.50 (V)

Thick sliced brioche loaf, caramelised peaches, clotted cream and honey.

French the Meaty 15.50

Thick sliced brioche loaf, smoked streaky bacon, blueberries, caramelised banana & Canadian maple syrup.

Avocado on Focaccia

Focaccia with homemade fresh avocado, chilli jam, poached eggs & side salad with choice of:

Smoked Salmon 14.95

Smoked Bacon 13.95

Halloumi 12.95 (V)

Halloumi & Mushroom 13.95 (V)

Grilled halloumi, wild mushroom, toasted focaccia, wilted spinach, poached eggs drizzled with truffle oil & side salad.

Vegan Breakfast 13.95 (VG)

Scrambled tofu, avocado, beans, mushroom, cherry vine tomatoes, sourdough toast, vegan sausage and spinach.

Gluten Free Breakfast 14.95 (V, NGCI)

2 fried eggs, beans, cherry vine tomatoes, mushroom, gluten free toast, halloumi, smoked salmon and spinach.

Eggs Benedict 13.95

Smoked streaky bacon, poached eggs and hollandaise sauce on a toasted English muffin.

Eggs Royale 13.95

Smoked Scottish salmon, poached eggs and hollandaise sauce on a toasted English muffin.

Eggs Florentine 12.95 (V)

Wilted spinach and hollandaise sauce on a toasted English muffin.

Plain or Fruit Scone 4.95 / 5.95

Served with clotted cream, jam & butter.

Plain, Nutella or Biscoff & Banana Croissant 4.95 / 5.95 / 6.95



Chicken Club Sandwich 12.95

Smoked streaky bacon, grilled chicken, Monterey jack cheese, lettuce, tomato, mayonnaise, served with cajun tortilla chips & sour cream.

Falafel Bowl 12.95 (VG, NGCI)

Hummus, tahini dressing, chunky cherry tomato salsa, red cabbage salad, cucumber, olives & falafel.

Pulled Pork Tacos 12.95

3 small flat tortillas served with BBQ pulled pork, chipotle sauce, black beans, pico de gallo & cheese.

Chicken Caeser Salad 13.95

Seasoned grilled chicken breast, parmesan cheese, cheese & herb croutons, romaine lettuce tossed in a caesar dressing, topped with poached egg.

BBQ SUB 13.95

BBQ pulled pork, cheese, caramelised onion, rocket, served with a side salad.

Croque Madame 13.95

Gruyere cheese and ham grilled sourdough, with Béchamel sauce, made with parmesan and cheddar cheese, topped with a fried egg and served with a side salad.

New York Bagel 13.50

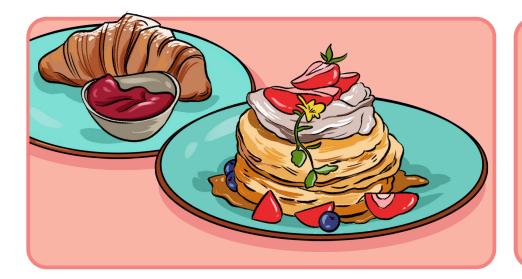
Smoked streaky bacon, Monterey jack cheese and a fried egg on a bagel, served with a side salad.

Smoked Salmon Bagel 13.95

Smoked Scottish salmon, cream cheese, capers, dill, mixed sesame seed bagel, served with a side salad.

Caprese Bagel 13.50 (V)

Fresh mozzarella, beef tomato, pesto, balsamic, EVOO toasted bagel, served with a side salad.



(V) Vegetarian(VG) Vegan(NGCI) Non Gluten ContainingIngredients

Please let your servers know about any allergy or dietary requirements before you place your order.